

The Artist's Way

∞ A 13-week group adventure to release the artist within ∞

NEW GROUP FORMING!

facilitated by Maxima Kahn

- Are you yearning for more creativity, joy and fulfillment in your life?
- Do you long to connect more deeply with your heart's passions?
- Do you feel blocked from fully expressing your creative gifts?
- Are you in transition and not sure which way to go?

Discover, uncover, recover and fully unleash your creative self in this powerful, life-changing course, based on the bestselling book *The Artist's Way* by Julia Cameron. For artists and creative people of any kind –writers, musicians, dancers, filmmakers, painters, and creative souls—you will discover your true passions and what stops you, uncover your gifts and learn amazing tools to develop a positive, healthy relationship with your creativity that empowers you to do what you love.

Together the class will form a strong, supportive group in which we nourish each other's aspirations as we journey into our deepest relationship with ourselves, resolving what holds us back from the creative, alive beings we truly are. While the course can be done on your own, my students consistently report that the process is much more powerful, effective, easier and fun in a group.

"Max, you are exceptional as a teacher: intuitive, supportive, enthusiastic, as well as having a wealth of your own experiences to draw from. I was so stuck, so firmly and fearfully rooted in place before taking this class...how could I not be happy with being set free?"

Maxima Kahn is a teacher, writer, editor, dancer, musician and graphic designer. In addition to being a published poet, she holds a B.A. in Music Composition and Performance, is an award-winning composer and an avant-garde violinist, and teaches and performs as a dancer.

TUESDAYS 10:00 AM - 1:00 PM • FEBRUARY 28 - MAY 29 (No class on 4/10)

Pre-registration by February 21 required.

FREE INTRO: FEBRUARY 7, 10:00 - 11:30 AM

LOCATION: GRASS VALLEY. COST: \$390 - \$480 sliding scale (may be paid in three monthly installments).

Class size is limited and these classes fill up. Sign up now!

Call Maxima at (530) 263-9780 or email max@maximakahn.com ~ www.maximakahn.com